

"Nursing is an art; and if it is to be made an art, it requires as exclusive a devotion, as hard a preparation, as any painter's or sculptor's work; for what is the having to do with dead canvas or cold marble, compared with having to do with the living body—the temple of God's spirit? It is one of the Fine Arts; I had almost said the finest of the Fine Arts."

—*Florence Nightingale.*

MARY McCLELLAN HOSPITAL

SCHOOL OF NURSING



CAMBRIDGE, N. Y.

1922

MARY McCLELLAN
HOSPITAL

SCHOOL OF NURSING



ELIGIBLE FOR REGISTRATION BY BOARD OF REGENTS
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The Hospital Entrance and Two of the many Hospital Babies



Rear View of the Hospital Buildings

A New Training for Nurses



URSES' training has broadened out into so many new fields for public as well as personal service that the supply does not begin to fill the demand. There are today from thirty to forty distinct lines of nursing activity. The evolution of higher opportunity for the trained nurse has been rapid, especially since the war, and has made such tremendous inroads upon the supply that the private nursing field has been very much depleted. Public health, administrative and educational work have absorbed the best of the army of pre-war nurses. Especially is this true of the nurse with a college or university training. The number of nurses needed for this country's work and work abroad has almost doubled since the war, with the demand steadily increasing. This demand may more properly be called an appeal. Only ten per cent of the requests for training school instructors and teachers can be filled.

Trained nursing gives the young woman greater opportunity to develop her natural potentialities than any other calling. The girl or woman who, at some time, has not been strongly drawn to nursing would be hard to find. Yet how many ambitious girls with the best of timber for the nursing profession have paused on the threshold between nursing and a college career because they could not take both?

It seems a bit paradoxical that the scientific farmer, interested in crops and dairy products, long ago saw the necessity for college training in bacteriology, while his daughter who had entered the nursing field and was handling contagious diseases every day, had only the advantage of a few hours of lectures in her training school, and was fortunate if she ever handled a culture tube!

Now the nurses, themselves, are demanding more efficient training, and the nursing profession is slowly, but surely, following in the wake of other professions and vocations in combining sounder scientific knowledge such as the college affords with their practical training.

What College Training Means

Efficiency plus is the keynote of modern life. For this reason and the excellent opportunities it offers, both as to service and salaries, the nursing profession is drawing more and more college women into its ranks. Today it is not unusual to find nurses who have studied four years in college, three years in a hospital training school, and one year in post graduate study in a university to fit themselves for the best kind of service. This has given rise to a new type of education for the trained nurse, making university or college training an integral part of her curriculum.

By connecting the hospital training school with the college the student is enabled to draw from the rich resources of both. University and college courses in Public Health Nursing, Training School Administration and Teaching, such as that at Teachers College, Columbia University, Simmons College and Western Reserve University, have been in successful existence for a number of years, but these courses were designed for graduate nurses or for student nurses in their senior year. Through the new system students are admitted to the college on the same basis as other students. They take a five years course leading to a college degree in addition to their nursing diploma, dividing their program equally between the college and the training school, credits toward a B. S. being given for the two years hospital training.

The greatest demands with the best salaries are for specially prepared women as leaders in nursing education, and organizers in public health work. It is to meet these rapidly growing demands that the five years course leading to the college degree and the professional diploma has been developed.

General Statement

With the opening of the college term, September 21, the Mary McClellan Hospital at Cambridge, New York, is bringing to this section of the country an opportunity for the college training of the student in nursing. Through an affiliation with the Skidmore School of Arts, the following course covering five years has been apportioned as most efficient for the best results:

- First: Nine months from mid-September to mid-June to be spent at Skidmore.
- Second: The next three months, from mid-June to mid-September, to be spent in the Hospital in intensive class room training in hospital principles, theory and practice.
- Third: The next nine months, from mid-September to mid-June, to be spent at Skidmore.
- Fourth: The next twenty-four months, two full years, to be spent at the Hospital.
- Fifth: The final term of nine months, from mid-September to mid-June, to be spent at Skidmore completing for the Bachelor of Science degree. At the end of this time the Hospital will also give the diploma.

The three months which are to be spent in the Hospital following the first nine months of college training will correspond to the probationary period in other training schools. To students who qualify to continue nursing, this probationary period will afford excellent opportunity for laboratory work in connection with the first year's college work and a keener appreciation of the next nine months' college course.

During the final year of hospital training, preparatory to the senior college year, the student will be transferred, without extra expense to her, to one of the institutions of nursing in New York City for affiliation in such subjects as Pediatrics, Mental and Contagious diseases.

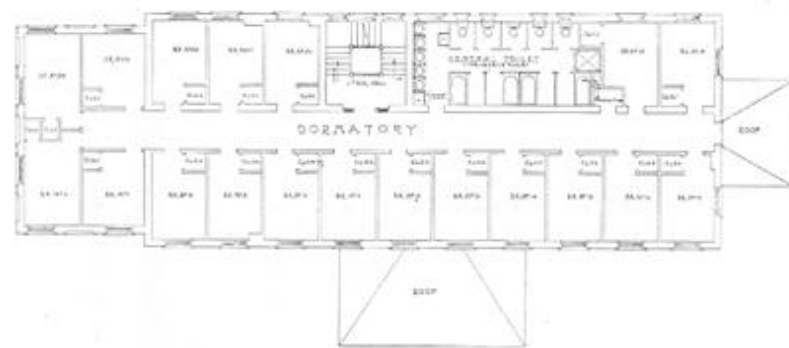
At the conclusion of her fifth year when the student has received her college degree and her hospital diploma she will have a fully rounded out, scientific, liberal and thorough preparation for her career.



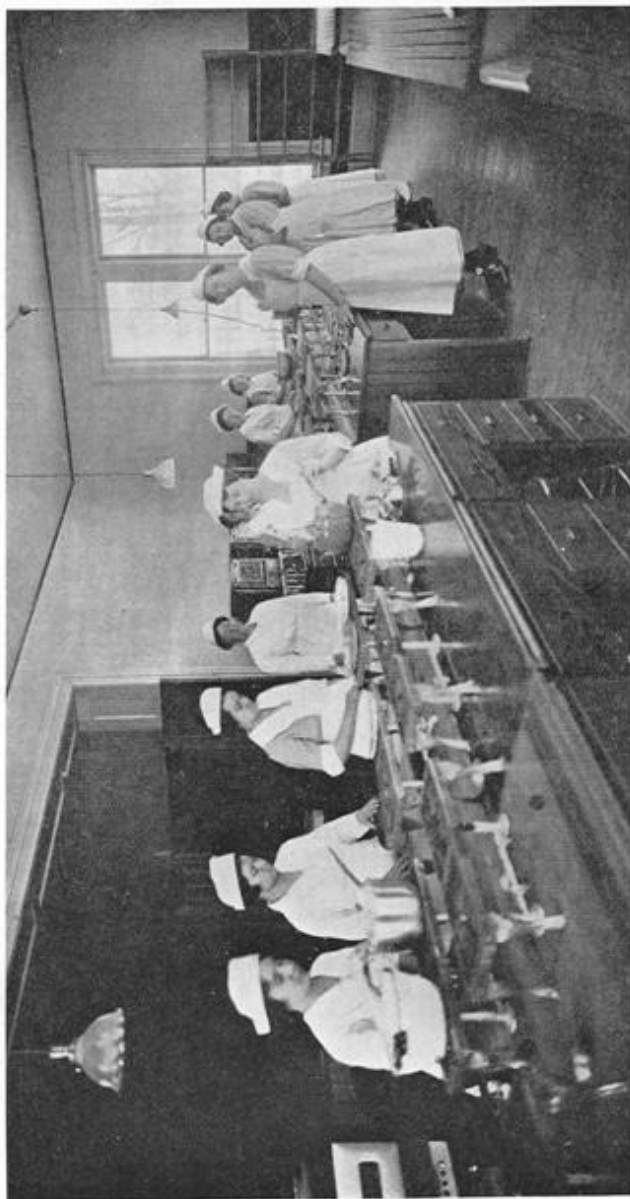
Front Elevation of the New Nurses Home



First Floor Plans for Nurses Home



Second Floor Plans for Nurses Home



At Work in the Dietetic Laboratory

Requirements for Admission

Every candidate for admission to the Mary McClellan Hospital School of Nursing must also make application to Skidmore School of Arts upon the blank form furnished by the college, and must submit before entrance a statement of honourable dismissal from the institution last attended together with a certificate of health.

Any bearer of the new college entrance diploma of the Regents of the State of New York will be received into full membership in the freshman class without condition.

For all other persons satisfactory completion of a four year course of study in an approved high school, including certain definite prescriptions which are explained fully in the bulletin of the college, or clear evidence of equivalent education, is required.

Cost of Tuition

The tuition, including living, will be \$625 per year for the college training at Skidmore. There will be no additional expense during the period spent at the Hospital where text books and living will be provided.

In case of illness during her hospital training the student will be cared for free of charge for a reasonable time, but time so lost must be made up.

Age of Admission

The age of admission to the Hospital Training school will be from 17 to 35 years. To the girl fresh from high school the minimum age offers a distinct advantage in that it takes her direct from the high school into the college and utilizes the intervening years between graduation and admission to the Hospital.

Health

Before entering Skidmore the applicant must submit a certificate of health from her physician which will be satisfactory to Skidmore and to the Hospital. This record will be supplemented by a physical examination by the Director of the School of Health and Physical Education.

The College

Skidmore School of Arts was founded in 1911 by Mrs. Lucy Skidmore Scribner. It is essentially a technical and professional college for women. The original charter granted by the Regents of the University of the State of New York in 1911 was replaced in 1916 by an absolute charter. An amendment to the charter, in 1917, authorized the organization and administration of courses leading to the bachelor's degree. Under this authorization it was at once determined to discontinue all other courses and confine the work of the institution to college courses only.

In its foundation the college was intended to train young women for service in the home, in the school and in business. The curriculum has been developed to meet these needs and to include training for nurses through affiliation with Mary McClellan Hospital.

The faculty of the college consists of about forty persons. The officers of instruction and government having to do with the School of Nursing and Health are the following:

Charles Henry Keyes, Ph. D., Columbia	President
Sarah Gridley Ross, A. M., Brown	Dean
Marian Belle Andrews, A. M., Syracuse	Registrar
Charlotte Pitman Goddard, A. B., Mount Holyoke	Treasurer
Edith Blackman, B. S., Columbia	Cookery and Dietetics
Minna Mary Rohn, M. D., Michigan; C. P. H., Harvard	Health
Guernsey J. Borst, A. B., Cornell; Ph. D., N. Y. University	Education
Margaret Elizabeth Smith, M. S., St. Lawrence	Librarian
Grace Amelia Cockroft, Ph. B., Brown	Modern History
Jane Jenkinson Swenarton, A. M., Columbia	English
Charlotte Easton, A. M., Oberlin	Biology and Botany
Livis Ward Kline, Ph. D., Clark	Psychology
Julia Peachy Harrison, Ph. D., Johns Hopkins	Chemistry
Edwin H. Kellogg, A. B., Princeton; Ph. D., Hartford	Philosophy
Hester Donaldson Jenkins, Ph. D., Columbia	Sociology and History
Helen Axtell Mowry, A. M., Brown	Biology and Zoology
Erma Gebhardt, B. S., Columbia	English
Marguerite Wilcox, Ph. D., Bryn Mawr	Chemistry
Blanche Eloise Huskins, B. S.; Skidmore School of Arts	Foods and Cookery
Marguerite Heaton, B. S., Skidmore School of Arts	Physical Education
Marian Knighton, B. S., Columbia	Physical Education
Frances Littleton Kline, B. S., Cornell	Physic
Dorothy Fackrell Turnbull, R. N., Boston Child's Hospital	Resident Nurse



Scribner
Hall



Home
Economics
House



Marguerite
Griffith
Hall



Skidmore
Hall

Location

The College is situated at Saratoga Springs, thirty-nine miles north of Albany on the Delaware and Hudson Railroad, on the main line from New York to Montreal, and on the Boston and Maine Railroad. It is connected with Schenectady and Glens Falls by Trolley lines.

Saratoga Springs, long popular as a summer resort, is equally attractive as a winter place of residence. While it does not register the very low temperature of places farther north, it does enjoy the bracing air from the Adirondacks and from the Green Mountains. Lying in the foothills of the Adirondacks, with Lake George thirty miles to the north, the country affords many opportunities for delightful excursions. The immediate environs of Saratoga Springs are of interest, a considerable part being included in the New York State Reservation. Here are many of the springs that have made Saratoga famous.

The location of Skidmore affords the advantage of both a town and a country college. The campus occupies the greater part of two squares in one of the most delightful sections of Saratoga Springs, overlooking Congress Park.

Aim of Training

In starting a school of nursing the first consideration of the Mary McClellan Hospital Board has been to establish a course equal to the best that can be procured in the most modern training school of the large city together with the advantage of a college course.

The reputation of the school does not depend upon the size of the Hospital, but it does depend upon standards set for the actual care of the patients and the training of the nurse.

High Standard of Service

The Mary McClellan Hospital is a sixty bed institution for the treatment of general diseases, but its most important feature is its very high standard of service. Through its affiliations with larger institutions for the treatment of special diseases it will be able to give the nurse the broadest kind of training.

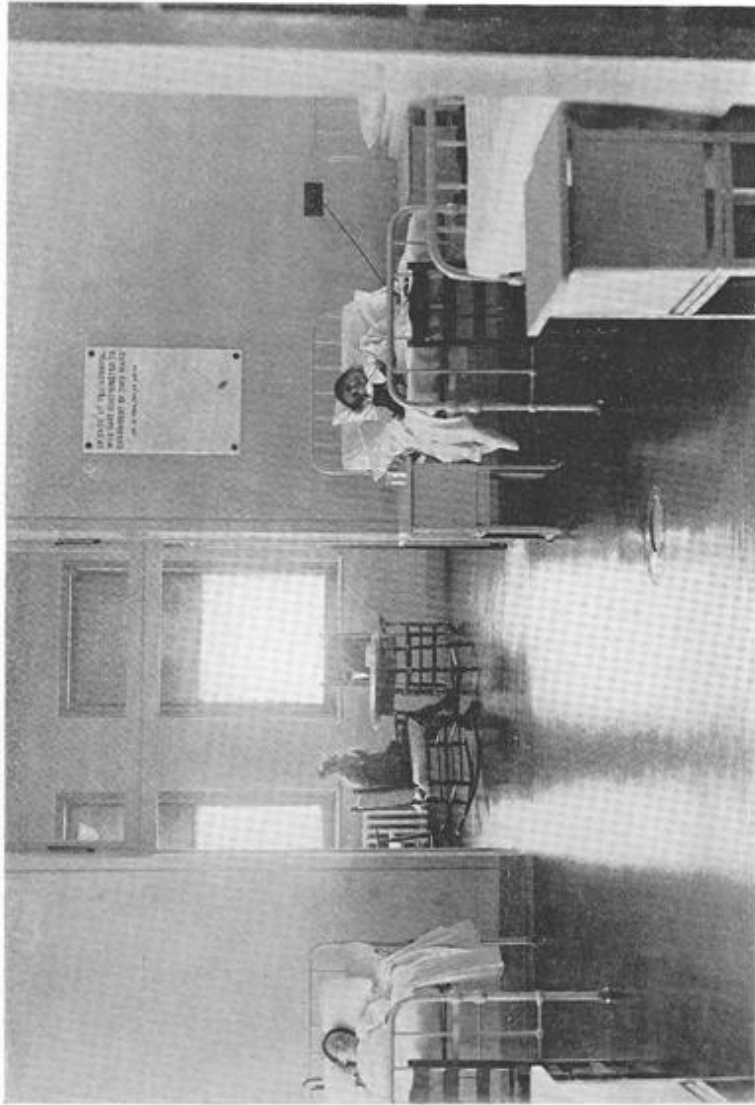
The building compares favorably with the most modern city institutions. It is complete in equipment with laboratory, X-Ray laboratory and a splendidly equipped library.

The idea of high class service has been insisted upon by the Board of Trustees who have well demonstrated their intention in the character and standing of the men chosen as attending and consulting staffs.

Athletics

During her college training required gymnastics and sports are part of the program of each student. The athletic field affords opportunity for hockey, tennis, basket ball and other field sports. Bowling, basket ball and volley ball are among the indoor sports. By special arrangements Skidmore students use the swimming pool in the bath house of the State Reservation Commission.

The Hospital has its own tennis court, and the training school will afford ample opportunity for the student to continue her college field sports, if she so desires.



One of the Wards in McClellan Hospital

Other Advantages

The remarkably pure air and water of Saratoga Springs and Cambridge, and the opportunity for tramping and outdoor sports in both places, cannot fail but to contribute to the excellent health of students while in training. The Hospital further has its garden and vegetable cellar. This means fresh vegetables summer and winter. The location of Cambridge in the center of the agricultural and farming district assures the student plenty of fresh eggs, milk from certified cows, and the well balanced, generous diet so necessary to good health.

Living Conditions

In selecting a school of nursing, one of the important things the student has to consider is the nurses' residence. The health and efficiency of the nurse depend to a great extent upon the living as well as the working conditions. Here she will be housed in a modern home for nurses now in course of erection.

The Nurses' Home

The new nurses' residence is the gift of Mr. and Mrs. Robert McClellan, brother and sister-in-law to Edwin McClellan, founder of the Hospital. It will contain accommodations for forty nurses in separate rooms, with baths, lavatories and shower on each floor. Special accommodations will be made for night nurses on the third floor. These rooms will be isolated from the main corridor, and so shut off that nurses may rest undisturbed during the day.

A large reception hall, a well equipped library, a big living room, an enclosed sun parlor running across the entire southern end of the building, and a wide veranda on the east, are features of the first floor. Here, also, the superintendent will have her suite, and rooms with baths will be provided for the heads of departments. The basement will contain a kitchenette and small laundry for the use of nurses, in addition to a trunk room, class and demonstration rooms.

Opportunities In the Field of Nursing

Private nursing is probably the most familiar field to the general public. There will always be plenty of work for the private nurse at salaries ranging from \$35 to \$50 and sometimes more per week. But women of exceptional ability are needed in, and usually choose, institutional or administrative work. The positions of superintendent, teacher and technical specialist hold attractions for women interested in the educational and scientific phases of nursing. Public health usually attracts those interested in the human and social phase of the work.

Institutional positions are usually in the hospital and include maintenance. Salaries vary with the responsibility and preparations required. It is impossible to quote exact salaries as they change frequently but they range from \$100 to \$150 a month for assistants and instructors, to about \$125 to \$300 a month for superintendents.

Public Health Nursing

The program in public health nursing is intended to prepare nurses for positions in the various branches of public health nursing, especially visiting nursing, infant and child welfare work, school nursing, tuberculosis nursing, industrial nursing, and nursing under municipal and state health authorities. This is the most rapidly developing field. The need is especially urgent for nurses qualified to organize, administer, supervise and teach.

Salaries in public health nursing do not usually include maintenance. In important administrative or educational positions the salary would probably be from \$200 to \$250 a month, and in some cases higher. Assistants and supervisors receive about \$125 to \$200 a month, and staff nurses from \$100 to \$150 a month.

Advantages Over Other Professions

In the field of nursing, women do not meet the competition with men which faces them in almost every other remunerative calling. The work of the nurse is so individual that she has practically no competition to fear in her own field. The demand is so great, and the supply so inadequate, for the constantly increasing fields that it is one of the very few professions or vocations for women in which there is no unemployment situation. There is no great financial outlay as compared with other professions for preparation. The student requires no expensive outfit to keep up. During her training in the Hospital the student's services cover expense of tuition, text books and uniforms, and the student's maintenance is provided.

The day she graduates the nurse may usually begin her work, without searching for a position or waiting for a tardy practise to grow up. If she wishes to go into other fields of work, her nurses training is always a valuable asset.

From the very beginning of her career the nurse finds herself engaged in the real problems of human service. She can have no better preparation for any walk of life.

For further information in regard to requirements for the School of Nursing apply to the Mary McClellan Hospital, Cambridge, N. Y.

A personal interview may be arranged by letter or telephone, either with Miss M. M. Sutherland, Superintendent of the School of Nursing, or President Keyes, Skidmore School of Arts, Saratoga Springs, N. Y.

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